

# Your Essential Toolkit for Planning Plastic Surgery in Korea

## A Companion to the 2025 Price Guide

(A small, high-quality image of a passport and a flight ticket next to a cherry blossom branch can be placed here)

### Introduction

Welcome! This toolkit is a practical companion to our blog post, "Plastic Surgery in Korea Price List 2025: A Full Cost Breakdown."

We understand that planning a medical trip abroad requires meticulous organization. This document is designed to move you from research to action. Use these checklists and worksheets to compare clinics objectively, ask the right questions during your consultations, and build a comprehensive budget that leaves no room for surprises.

Your journey to a confident, well-planned experience starts here.

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## Section 1: Clinic Research & Comparison Checklist

Use this table to compare your top clinic choices. This standardized format will help you evaluate them based on the same critical criteria.

Feature	Clinic 1: [Name]	Clinic 2: [Name]	Clinic 3: [Name]
Primary Surgeon's Name			
Procedure(s) Quoted			
Surgeon is			

<b>Board-Certified (KSPRS)? (Y/N)</b>			
<b>Quoted Price (USD)</b>			
<b>Price Includes Anesthesia? (Y/N)</b>			
<b>Price Includes Post-Op Care? (Y/N)</b>			
<b>Has a Dedicated English Coordinator? (Y/N)</b>			
<b>Online Reviews / Reputation (e.g., PurseForum, Google)</b>			
<b>"Before &amp; After" Photo Quality</b>			
<b>Personal Notes / Gut Feeling</b>			

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## Section 2: Essential Questions for Your Online Consultation

A consultation is a two-way interview. You are evaluating the clinic as much as they are evaluating you. Be prepared with these questions to ensure you get all the information you need.

### Questions About the Surgeon & Procedure

- How many years have you specialized in [your desired procedure]?
- Approximately how many of these specific procedures do you perform each month?
- Will you, the head surgeon, be performing the entire surgery? Will any assistants or trainees be involved?
- Based on my photos, what specific techniques would you recommend and why?
- Could you show me before-and-after photos of previous international patients with a similar facial/body structure to mine?
- What is the policy for revision surgery if there are complications or if I am unsatisfied with the results? Who covers the cost?

## **Questions About Cost & Payment**

- Could you please provide a formal, itemized quote? What is the exact breakdown of the surgery fee, anesthesia fee, and post-op care costs?
- Are there any other potential fees I should be aware of (e.g., taxes, medication, compression garments)?
- What is the required deposit amount to secure a surgery date?
- When is the final payment due, and what payment methods do you accept (credit card, wire transfer, cash)?
- What is your cancellation and refund policy?

## **Questions About Safety & Aftercare**

- Is the clinic equipped with emergency power systems and advanced cardiac monitoring?
  - Will a board-certified anesthesiologist be dedicated to me and present for the entire duration of the surgery?
  - What is included in the standard aftercare package? (e.g., deswelling treatments, follow-up appointments, stitch removal).
  - How long will I need to stay in Korea for recovery and follow-up appointments before I am cleared to fly home?
  - Who will be my primary English-speaking contact person at the clinic after my surgery?
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# Section 3: Detailed Budgeting Worksheet

Use this worksheet to calculate the *total* estimated cost of your trip.

Expense Category	Estimated Cost (USD)	Notes
<b>SURGERY &amp; MEDICAL COSTS</b>		
Procedure Fee (from quote)	\$	
Anesthesiologist Fee	\$	(If not included in quote)
Post-Op Garments / Medication	\$	(If not included in quote)
Consultation Fee	\$	(If applicable)
<b>Subtotal (A)</b>	<b>\$</b>	
<b>TRAVEL &amp; LOGISTICS</b>		
Round-Trip Airfare	\$	
Accommodation ([#] nights)	\$	(Hotel, Airbnb, etc.)
Travel & Medical Insurance	\$	(Crucial for emergencies)
Airport Transfers (To/From ICN)	\$	
<b>Subtotal (B)</b>	<b>\$</b>	

<b>DAILY LIVING &amp; MISCELLANEOUS</b>		
Food & Groceries ([#] days)	\$	(Budget for delivery/soft foods)
Local Transport (T-money/Taxi)	\$	
SIM Card / Wi-Fi Egg	\$	
Personal Shopping / Tourism	\$	
<b>Subtotal (C)</b>	<b>\$</b>	
<b>GRAND TOTAL ESTIMATE (A+B+C)</b>	<b>\$</b>	
<b>Less: Estimated VAT Refund (~8% of Subtotal A)</b>	<b>- \$</b>	(Claim at the airport)
<b>FINAL ESTIMATED TOTAL</b>	<b>\$</b>	

## Section 4: Helpful Korean Phrases

While your clinic will have English support, knowing a few key phrases can make your daily life during recovery much easier and more comfortable.

English	Korean (Romanization)	Korean (Hangul)
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Hello / Thank you	Annyeonghaseyo / Gamsahamnida	안녕하세요 / 감사합니다
Yes / No	Ne / Aniyo	네 / 아니요
How much is it?	Eolmayeyo?	얼마예요?
To the pharmacy, please	Yakgukeuro gajuseyo	약국으로 가주세요
Painkiller / Antibiotic	Jintongje / Hangsaengje	진통제 / 항생제
Ice pack	Eoreum jjimjilpaek	얼음 찜질팩
I have an allergy to...	... allergiga isseoyo	... 알러지가 있어요
Water, please	Mul juseyo	물 주세요
No spicy food, please	Maepji anke haejuseyo	맵지 않게 해주세요
I have a reservation	Yeyak haesseoyo	예약 했어요

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### Disclaimer

*This document is intended for informational and planning purposes only and does not constitute medical or financial advice. All costs are estimates and should be confirmed directly with your chosen clinic and travel providers. Please conduct your own thorough research before making any financial or medical decisions.*